



2024 Region 7 Dev Program Training Camps Save The Dates!!

***Note: Gymnasts attending camps must be accompanied by a coach**

July 19-21, 2024 Pre-Season Prep

Who: Levels 8-10

Where: Arena Gymnastics, Hamilton, NJ

Information will be emailed to states and posted on the website in mid-March

September 13-15, 2024 High Performance Training Camp

Who: All Level 10 gymnasts who qualified to compete at 2024 Dev Nationals (plus All Star sessions) are eligible for this camp. Additional spots (if available) will be offered to Level 9 gymnasts who competed at 2024 Easterns, based on rank using AA scores from Easterns (all age groups combined).

Where: Apollo Gymnastics, Woodbridge, VA

Information will be available in July

All camps will be approved for CPE credit for judges.